Dear Parents/Carers

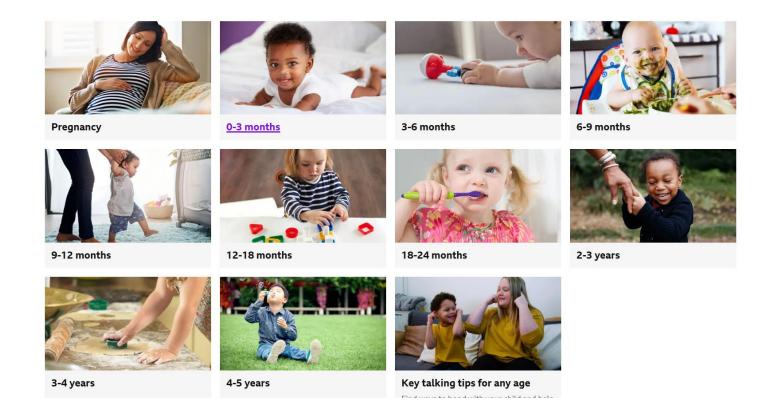
There is a useful BBC website that will give you information about child development, activities to do with your child, tips and advice on parenting topics such as mealtimes, screen time and parent wellbeing.

https://www.bbc.co.uk/tiny-happy-people



Activity inspiration for all ages

Fun activities and things to do with your child to help with their communication skills.



Tips and Advice

Advice on a whole range of parenting topics. Browse the alphabetical list of topics below - click through for articles and films to help on your parenting journey.



Bilingual

Tips for parents on introducing children to more than one language from an early



Language Development

All sorts of tips for boosting your little one's language and communication skills.



Mealtimes

Advice for making the most out of mealtimes, including child-friendly recipes and help with fussy eating.



Parent wellbeing

All about your mental health as a parent.



Emotional Development

Tips and advice to help you understand your child's emotional development, behaviour and wellbeing.



Speech, language & SEND

A collection of advice and resources for parents of children with special educational needs and disabilities.



Routines

Tips for building routines with your child, including sleep and feeding advice.



Screen time

A collection of tips and advice on how to make the most of screen time with your children.