



Employment & Skills Kirklees

Adult Learning  
Kirklees

# KIRKLEES SUCCESS CENTRE

ADULT LEARNING COURSES  
STARTING AUTUMN 2023



## COURSES FOR VOLUNTEERING/WORKING IN SCHOOLS

Reading Friends Training	<p>Would you like to share your love of reading with children in Kirklees schools and help to increase their reading ability? Our course will give you the skills and knowledge to be a Reading Friend Volunteer. Volunteers wanted across Kirklees.</p> <p>If you do not see your local school on the list, get in touch to be informed when we are running one in your area. You do not need to volunteer in the school where you complete the training.</p>	<ul style="list-style-type: none"><li>• <b>Fieldhead Primary Academy</b> - starts Tuesday 12<sup>th</sup> September 9.15-12.15pm</li><li>• <b>Our classroom at the John Smith Stadium, Huddersfield</b> - starts Monday 2<sup>nd</sup> October 10-1pm</li><li>• <b>Our Lady of Lourdes Catholic Primary Academy</b> - Starts Tuesday 7<sup>th</sup> November 9-12pm</li></ul>
Maths Mates Training	<p>Maths Mates are volunteers who support pupils in the classroom with maths topics. You do not need to be a maths whizz to volunteer, as we can help bring your maths knowledge up to speed (via the Your Maths course) and give you the strategies to help boost confidence in young people.</p>	<ul style="list-style-type: none"><li>• <b>Our classroom at the John Smith Stadium, Huddersfield</b> - starts Tuesday 3<sup>rd</sup> October 10-1pm</li><li>• <b>ONLINE</b> - Starts Thursday 28<sup>th</sup> September 12.30-2.30pm</li></ul>
How Schools Work	<p>This course is ideal for anyone who is interested in volunteering or working in a school setting. It covers different aspects of education including: the role of a school, the national curriculum, what to consider when working in a school, behaviour management in schools and how additional learning needs are met. We can also support you with interview/application tips and tricks!</p>	<ul style="list-style-type: none"><li>• <b>Our classroom at the John Smith Stadium, Huddersfield</b> - Starts Tuesday 7<sup>th</sup> November 10-1pm</li></ul>
Speech Stars Training	<p>Volunteering opportunity with school/early years settings providing speech and language support for young pupils. No prior experience needed, full training will be provided.</p>	<ul style="list-style-type: none"><li>• <b>Spring Grove J, I &amp; N school</b> - Starts Tuesday 12<sup>th</sup> September 12.30 – 3pm</li><li>• <b>John Smith Stadium</b> - Starts Wednesday 13<sup>th</sup> September 10 – 1pm</li></ul>

TO ENROL OR FOR MORE INFORMATION - EMAIL [SUCCESS.CENTRES@KIRKLEES.GOV.UK](mailto:SUCCESS.CENTRES@KIRKLEES.GOV.UK) OR PHONE 01484 234153



## COURSES FOR HEALTH AND WELLBEING

Eat Well for Less	Our popular short course looks at ways to save money on your food bills and make healthy, tasty food for all the family.	<ul style="list-style-type: none"> <li>• <b>Gomersal St Marys Primary school</b> - starts Tuesday 3<sup>rd</sup> October 9-1pm</li> <li>• <b>Recovery &amp; Wellbeing College, Mirfield</b> - starts Thursday 5<sup>th</sup> October 10-1pm</li> </ul>
Steps to Success	Need help to increase your confidence, self-esteem or motivation? Join our friendly tutor on this popular course to look at the way we think, explore our comfort zones and to learn strategies to help overcome the issues and barriers in our lives.	<ul style="list-style-type: none"> <li>• <b>Online in partnership with the Recovery &amp; Wellbeing College</b> - Starts Monday 2<sup>nd</sup> October 6.30-8.30pm</li> </ul>
Create Time for Wellbeing	Leave your worries behind and join us as we bring a variety of craft projects to have a go at, which may include marbling, Weaving, Acrylic paint pen crafts/glass painting, Macrame, Paper Flowers/egg box flowers, Felting, Marbling, Jewellery/beading or rag rugs.	<ul style="list-style-type: none"> <li>• <b>Beaumont Primary Academy families</b> - Starts Friday afternoons from 15<sup>th</sup> September</li> <li>• <b>Birkby Junior School families</b> - Starts Monday 13<sup>th</sup> November</li> </ul>
Weight Off Your Mind workshop	Would you like to gain more control over your eating and have a positive mindset when it comes to your eating habits? This 2 hour workshop will explore how we can overcome emotional and binge eating to help you make healthier lifestyle choices.	<ul style="list-style-type: none"> <li>• <b>ONLINE with the Recovery and Wellbeing College</b> - Monday 4<sup>th</sup> October 10.00-12.30pm</li> </ul>
Knitting for Wellbeing	Did you know knitting is good for your mental health and wellbeing? From beginners to improvers, join our friendly class where you can learn the basics or more advanced techniques. Everyone welcome, materials provided.	<ul style="list-style-type: none"> <li>• <b>Recovery and Wellbeing College in Mirfield</b> - Starts Tuesday 7<sup>th</sup> November 10- 12pm</li> </ul>
Write Time for Wellbeing	Suitable for anyone, no experience needed. Take some time out for you and learn activities you can do anytime which can help when you are feeling stressed and overwhelmed.	<ul style="list-style-type: none"> <li>• <b>Recovery &amp; Wellbeing College in Mirfield</b> - Starts Monday 6<sup>th</sup> November 10-12.30pm</li> </ul>



## FAMILY LEARNING COURSES

<b>Your Maths, Their Maths, Our Maths</b>	Do you struggle to help your children with their maths homework? Wish you could refresh your maths knowledge and understand the teaching methods used in school currently? Join us on this 5 week (6 including Early years maths learning) course to learn at your own pace and bring your primary school maths knowledge up to date, no prior maths knowledge needed.	<ul style="list-style-type: none"><li>• <b>Birkby Infant school</b> - Starts Thursday 5<sup>th</sup> October 9.15-11.15am</li><li>• <b>Spring Grove J, I &amp; N school</b> - Starts Wednesday 4<sup>th</sup> October 12.45 – 3.15pm</li><li>• <b>Manorfield I&amp;N School</b> - Starts Friday 22<sup>nd</sup> September 9-11.30am</li></ul>
<b>Focussing on Phonics</b>	Phonics can be baffling if we haven't learnt to read this way. This course will enable learners to understand how and why phonics is taught in school and develop strategies to support children at home and in school. Ideal for parents or for anyone thinking of working or volunteering in a school.	<ul style="list-style-type: none"><li>• <b>Manorfield I&amp;N School families</b> - Starts Wednesday 20<sup>th</sup> September 1-3pm</li></ul>
<h2>IMPROVING SKILLS/EMPLOYABILITY COURSES</h2>		
<b>Dare to Dream</b>	Would you love to change career? Start a new business? Go back to study? Or dream of doing something that feels out of reach with too many obstacles in the way? Then join our tutor who can help you make a plan to make it achievable.	<b>Course starting at Brian Jackson House, Huddersfield</b> - Starts Friday 29 <sup>th</sup> September 10-1pm
<b>Social Conversations</b>	For learners with low level spoken/conversational English to build confidence and practice English speaking skills to help them with everyday situations. Our friendly tutor will give lots of practice in a fun and informal environment.	<ul style="list-style-type: none"><li>• <b>Our Lady of Lourdes Catholic Primary Academy</b> - Starts Wednesday 13<sup>th</sup> September 9.30-11.30am</li></ul>



More courses coming soon – get in touch today to register your interest and we will add you to our timetable mailing list. Or find us on Facebook – Kirklees Success Centre

Courses delivered by our team of friendly tutors from Kirklees Success Centre. We provide free adult learning courses for any Kirklees resident aged 19+ at community venues, schools, online and from our classroom at the John Smith Stadium in Huddersfield.

For more information about any of our courses, please email [success.centres@kirklees.gov.uk](mailto:success.centres@kirklees.gov.uk) or phone 01484 234153. For courses at the Recovery College, please telephone 07717 867911 or enrol by visiting the recovery college website <https://www.calderdalekirkleesrc.nhs.uk/courses-and-enrolment/>



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