

# Wellbeing Matters...



**Gledholt Methodist Church**

Gathering - Growing - Going for the Glory of God



to improve your happiness

Wellbeing awareness festival  
10th May

9.30am-11.30am

Gledholt Methodist Church, Edgerton  
Grove Road, HD1 5QX

**Active  
Happy  
Healthy**

**Tea and Toast**

Find out more about  
local groups and  
activities

**Free raffle**

**A Variety of interactive stalls  
packed with information from**

**\*Endorphins**

**\*Locala**

**\*PCAN**

**\*West Yorkshire ADHD**

**\*S2R**

**\*The Huddersfield Support Group for Autism**

**\*Carers Count**

**\*Community Plus**

**\*Uniform Exchange**

**\*Platform 1**

**\*The Branch**

**\*Paddock Community Trust**

**\*S&H Training**

**\*The Base**

**\*Auntie Pam's**

**\*Change, Grow, Live**

**\*Pdap**

**\*Kirklees Local Offer**

**\*Healthwatch Kirklees**

**and more!!!!**

**Salendine Nook Family Hub**

Working for the families of the  
children in our 7 schools

 **Kirklees**  
COUNCIL

