





Health and Wellbeing Academy







Scan the QR code to share your memories in our bereavement reflection book.

Ravensthorpe **Community Centre** 24 Garden Street, Ravensthorpe

10 June 11am - 2.30pm 11 June 11am-4pm 12 June 10.30am - 4pm

Brian Jackson House 2 New North Parade Huddersfield HD1 5JP 13 June 10.30am -3pm 14 June 11am-3pm 15 June 11am-3pm

St James Church St James Way, Rawthorpe, Huddersfield

18 June 10am-5pm

Al-Hikmah Centre 28 Track Road, Batley 19 June 10am-6pm 20 June 9am-4.30pm

Brian Jackson House 2 New North Parade, Huddersfield

21 June 9.30am-2pm 22 June 9am-3pm 23 June 10am-4pm

Visit the Kirklees Suicide Memorial and Bereavement Quilts Roadshow to see the beautiful memorial quilts at the locations below...

Each square has been made with love by someone who has experienced loss.

The roadshow is for everyone. Venues will host events including training, speakers, workshops and support will be available.

The roadshow aims to bring together people in Kirklees to share lived experiences, help reduce the stigma, encourage conversations and reduce isolation of those bereaved.

If you are experiencing mental health problems or need urgent help, there is support available. For more information visit:

www.kirklees.gov.uk/mentalhealth



Huddersfield Sikh Temple Prospect Street, Springwood, Huddersfield 25 June 11am-5pm

Meltham Carlile Institute Huddersfield Road, Meltham

26 June - 10am-5pm

Trinity Methodist Church Community Rooms Trinity Street, Mirfield 27 June - 12pm-5pm

Jamia Masjid Ghausia Mosque 73 Victoria Road, Lockwood

5 July 10am-4.30pm **Dewsbury Library** Railway Street, Dewsbury 6 July 10am-7.30pm

7 July 9.30am-5pm Some of our biggest employers will also be displaying the quilts on their premises for their staff and visitors.

With thanks to Huddersfield

Royal Infirmary, Kirklees **College and Fox's Biscuits for** supporting this roadshow.







24hr Mental Health Helpline... 0800 183 0558



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