



# Bud

Nurturing Healthy Lives Outdoors

**Tuesdays and Thursdays, 10am-2.30pm**

**Wakefield Road Allotments**

**Dalton, HD5 9XN**

Volunteer and be part of a team in a welcoming environment.

Expenses available for travel costs.

**Tuesday Activities include:**

Gardening, site maintenance, skill sharing

**Thursday Activities include:**

Developing the herb nursery and growing areas

Contact Jess and Rachel for further information via

**Email: [info@growingworks.org.uk](mailto:info@growingworks.org.uk)**

**Phone: 07845 415289**

