

Birkby Infant and Nursery School - Menu September 2016 to December 2016

Monday	Tuesday	Sugar Smart Wednesday - no added sugar	Thursday	Friday
Tomato and basil, bolognese sauce with pasta	Keema curry	Breaded Fish with lemon slices	Chicken curry with fluffy rice	Fish fingers
Garlic bread	Rice	Garden peas	Naan bread	Seasonal vegetables
		Creamed potatoes		Chips
Assorted sandwiches Apple, sliced pepper and sweetcorn salad	Cheese Roll or Shish kebab Pitta bread with green salad, cucumber, tomatoes and cous-cous	Assorted sandwiches Apple, celery and sultana salad Mixed salad Salsa	Chicken wraps Vegetarian burger Houmous and olives Pepper, carrot and cucumber sticks	Pizza Bean sprouts, beetroot, tomatoes, cucumber, lettuce and cress
Chocolate and pear sponge With chocolate sauce	Eve's pudding with custard	Fresh fruit salad	Mandarin and peach muffin with custard	Jam, lemon or syrup sponge with custard
Assorted biscuits	Iced sponge	Fruit yogurt	Assorted biscuits	Raspberry Ice Cream Roll
Fresh Fruit Assorted Yogurts		Fresh Fruit	Fresh Fruit Assorted Yogurts	