

Birkby Infant and Nursery School - Menu April to July 2016



| Monday | Tuesday | Sugar Smart Wednesday - <u>no added sugar</u> | Thursday | Friday |
|---|--|---|---|---|
| Tomato and basil, bolognese sauce Pasta Grated cheese Garlic bread | Halal chicken curry Fluffy mixed brown and white rice | Cheese and onion pie Potato wedges Sliced green beans | Halal roast chicken breast Creamed potatoes Seasonal vegetables | Golden fish fingers Chipped potatoes. Peas Homemade brown bread |
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| Vegetable samosa and mixed salad Yogurt and mint dressing | Assorted sandwiches - choose tuna, egg or cheese. Cherry tomatoes. Lettuce and cress. Mixed bean salad. | Baked jacket potato with assorted toppings - choose tuna, baked beans or cheese Apple, celery and sultana salad Mushroom and pepper salad | Assorted sandwiches - choose tuna, egg or cheese. Grated carrot and sultana salad Sliced apple Salsa | Cheese and tomato pizza Creamy coleslaw Cucumber and carrot sticks Crisp green salad |
| Golden syrup sponge with creamy custard | Marble sponge with creamy custard | Fresh fruit salad | Apple and treacle tart with creamy custard | Hot chocolate fudge cake with chocolate sauce |
| Carrot cake | Home-made chocolate slab cake | Fruit yogurt | Assorted biscuits with apple drink | Fairy cake with apple drink |
| Fresh fruit Assorted yogurts | | Fresh fruit | Fresh fruit Assorted yogurt | |